

Rangiora New Life School

RNLS Covid newsletter # 6 - Positive case confirmed in our school community



28th February 2022

Kia ora

The health and wellbeing of our children, staff and community is a top priority.

We're sending this letter as we have been notified of the first confirmed case of COVID-19 in our school community today.

The household is isolating at home. This is the first of potentially many cases we can expect over the next few weeks as Omicron spreads through our community, I have spoken to the family today and they are doing well considering the news and the isolation ahead of them. I ask for your prayers for them please.

This first case may make many in our community anxious or worried. As the Omicron wave moves through our community - more cases are inevitable, let us be kind and supportive of each other. We don't know where the next case will be. All we can do is take health precautions to prevent spread and be vigilant for symptoms. With Rapid Antigen Testing (RAT) now available - if you or any of your family are symptomatic -go get tested - if a RAT test can be obtained, then a result can be obtained virtually immediately.

Remember the research that I shared last week from Australia [research from New South Wales about their recent Omicron outbreak](#) showing that spread within the school setting is very low (less than 4% of cases at school infected someone else when at school).

For privacy reasons we will not be sharing any details of the case or family.

What you need to do

- You and your whānau should watch for symptoms always
- If any develop, get tested immediately

- Then, stay at home until you receive the result

What we're doing

- Rangiora New Life School will stay open
- We have appropriate public health measures (distancing, mask wearing, encouraging sanitising, encouraging regular hand washing, having rooms well ventilated) and cleaning procedures in place

Symptoms of COVID-19

- A new or worsening cough
- Sneezing and runny nose
- A fever
- Temporary loss of smell or altered sense of taste
- Sore throat
- Shortness of breath

Less common symptoms include diarrhoea, headache, muscle aches, nausea, vomiting, malaise, chest pain, abdominal pain, joint pain, or confusion/irritability.

For more information, go to <https://covid19.govt.nz/health-and-wellbeing/about-covid-19/covid-19-symptoms/>

Please contact

Covid

358 5453 if you have any Health questions.

Healthline on 0800

Please contact me if you have a positive case in your household.

Noho ora mai

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This email was sent: 9:05pm Monday February 28, 2022

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